

Immediate Recommendations for the Inter-Lakes Sports Programs

For All Programs

- 1) Paperwork - streamline paperwork requirements and provide assistance to coaches with paperwork processing, especially off-campus coaches. Have Health and Guidance departments do work up-front so coaches don't need to track down information. This takes too much time away from coaching the athletes.
- 2) Help coaches (especially off-campus) distribute information to players.
- 3) Weight Room
 - a) Adequate size and properly equipped
 - b) Many teams would utilize - track, football, basketball, etc.
- 4) Athletic trainer – for taping, treatment of injuries and preventative training
- 5) Uniforms
 - a) Core uniform elements: the Inter-Lakes Athletic Committee supports increasing the athletic budget to allow for reviewing the inventory of uniforms to ensure quality items and increasing the turn-over replacement cycle of the uniforms.
 - b) Develop guidelines for requests of athletic wear items that are not part of the core uniform elements – such as jackets, sweat suits, warm up pants etc.
- 6) Fundraising – develop a policy for fundraising and provide a list of potential fundraising opportunities to help pay for additional requests for athletic wear not part of the core uniform elements, sports camps/clinics, and pre-season play/tournaments.
- 7) Consistency – policies of the school and athletic programs, such as those provided in the Coach's Handbook and the Student Athlete Contract, to be consistently applied to all athletic programs, coaches and student athletes at all levels.
- 8) Commitment – enhance the level of commitment to the athletic programs by the student athletes and families.
- 9) Establish a volunteer system to provide assistance to all the athletic programs at all levels with team managers, assistants, scorekeepers, time clock keepers, video taping of athletic events, flag people, etc.
- 10) Petitioning of 8th grade athletes for high school level teams – develop a process to address the needs of the high school teams, to evaluate the 8th grade athletes and determine the appropriateness of including them on high school level athletic teams.

Other: Key recommendations included in both immediate and overall Athletic Committee recommendations

- 1) Recognition of athletes and their accomplishments
- 2) Team Collaboration Model – ensure continuity of athletic programs from Junior High, JV and Varsity levels
- 3) Mentoring Program for Coaches

Equipment Needs

- 1) Ski Bibs – Alpine Skiing
- 2) Drill – Alpine Skiing
- 3) Computer and Printer – Track
 - a) help record event times during meets
 - b) track team and individual records – school and personal bests
- 4) Clip Boards – Track
- 5) Provide a list to all coaches of the current equipment inventory so if items are needed that are not currently in use by another team they can be utilized by others without having to make additional equipment purchases.

Program Specific Recommendations:

- 1) Girls and Boys Tennis Program
 - a) Practice and scheduling of games. Avoid doubleheaders and overloaded schedule if possible. Make sure practice schedule is confirmed. Contact both team coaches for their input before schedule of games and practices is finalized.
 - b) Look into more indoor tennis time early in the season - maybe working with Gilford Hills for more court time. The girl's team would like to utilize the multi purpose room.
- 2) Basketball
 - a) Need stable coaching at the younger level to have a successful program.
- 3) Volleyball
 - a) Fewer matches at the junior high level with more focus on instruction and skill development.
- 4) Girls Soccer
 - a) Coordinate set-up and operations of the PA system for the games – potentially utilizing volunteers - see Item 9 above on “For All Programs”.
 - b) Mandatory tryout for grades 8-12 – see Item 10 above on “For All Programs” in regards to petitioning of 8th grade athletes for high school level teams.
- 5) Cross Country
 - a) Find a safe course to run. Meet with the coach to brainstorm, research alternative and come up with a solution.
- 6) Boys Soccer
 - a) Communicate to the athletes and parents on the improvements that are in place.