

Updated: August 26, 2009

INTER-LAKES SCHOOL DISTRICT Athletic Coaching Mentoring Program

MENTOR PROGRAM GOALS

The Goal of the Mentoring program is to help coaches and therefore teams reach their fullest potential, be more effective in coaching their athletic team sport and create structure for a successful team and student athletes.

MENTOR PREFERRED QUALIFICATIONS

- Experience at the High School and/or Jr. High level in coaching and athletics
- Expertise with coaching techniques and conditioning
- Expertise in or ability to develop resources for specific sports programs
- Excellent listening and communication skills
- Interpersonal skills
- Motivational skills
- Meets coaches eligibility according to NHIAA rules
- Completed Coaching Principles course

REPORTS TO: Inter-Lakes School District, Athletic Director

MENTOR RESPONSIBILITIES

- Be a resource for coaches
- Work with coaches in need of mentoring: possibly all first and second year coaches, coaches requesting additional guidance and resources for specific aspects of coaching and other as identified
- Assist with effectively managing administrative aspects of their positions and identify key contact resources who can assist in getting these job requirements done efficiently and effectively
- Assist in the development of rapport with student athletes, parents and school administration
- Assist in developing goals for the coach and team, as well as building a self-initiated system for evaluating those goals
- Assist in understanding school and NHIAA policies and procedures
- Assist in setting up effective and structured practices
- Set-up or assist in finding seminars or clinics available for coaches to attend
- Assist coaches with problem solving and decision making

- Assist with handling complaints
- Provide positive and constructive feedback to the coaches
- Assist with building strong athletic programs
- Assist with coordinating a consistent approach, team structure, sport specific skills and conditioning techniques through all levels of the program JH, JV & Varsity and connect with youth programs that exist within the community
- Assist with consistency in the application of athletic rules, policies and procedures for sports teams